

Tribe of Fools 5-Day Workshop

Day 1

Physical Warm-up (30 minutes)

Movement for the Actor (2 hours)

- Tumbling and Parkour
- Partner Acro / Counter Balance
- Ensemble Movement

Lunch (30 minutes)

Comedic Improvisation (2 hours)

- Improv basics including: “Yes, and,” comedic characters, and scene work, short-form and long-form exercises
- Improvising on a theme and finding the “game” of the scene

Scene Creation (1 hour)

- Exercise: Beginnings and Endings (Staging the beginning and end of a play using both Improvisation and Movement)
- 30 minutes creation, 30 minutes showing

Day 2

Physical Warm-up (30 minutes)

Commedia Dell’Arte (2 hours)

- Character Archetypes
- Physical Gesture
- Comic Bits / Running Gags

Lunch (30 minutes)

DIY Design (2 hours)

- DIY Lighting – using what’s available to enhance moments and images
- DIY Sound – Melodrama and scoring for comic and dramatic effect

Scene Creation (1 hour)

- Creating short scenes using Improv, Commedia, Movement and DIY Design
- Exercise: The Shoes of Madame Gille (Template Variation)

Day 3

Physical Warm-up (30 minutes)

Integrated Commedia and Acrobatics (2 hours)

- Entrances and Exits
- Ensemble Flips and Tricks
- Physical Transitions

Lunch (30 minutes)

Storyboarding and Scene Writing (2 hours)

- Story Generation
- Scene Writing, Conflict and Theme Integration

Scene Creation (1 hour)

- Creating short scenes using all of the elements introduced thus far
- Exercise: The Hero's Journey

Day 4

Physical Warm-up (30 minutes)

Clowning and Slapstick (2 hours)

- Game Play and Physical Storytelling
- Self-Deprecation
- Stage Combat

Lunch (30 minutes)

Story Logic and the Turn (2 hours)

- Creation of narratives through until the end
- Exploring endings devoid of magical resolution

Creating Short Scenes (1 hour)

- Exercise: The Waiting Room

Day 5

Physical Warm-up (30 minutes)

Integrated Parkour/Acro and Stage Combat (2 hours)

Lunch (30 minutes)

Open Creation (3 hours)

- Creation Staging and Rehearsal (2 hours)
- Showcase (1 hour)
- Open Ended – Unlike earlier in the week no parameters given. This is an exercise in artistic independence

To book a workshop or for more information on classes please contact Terry Brennan, Artistic Director, at terry@tribeoffools.org.